

INTENSIVE FILIAL THERAPY TRAINING at GROVE CENTRE

FOR MENTAL HEALTH PROFESSIONALS SEEKING TO DEVELOP
COMPETENCY IN FILIAL THERAPY

**AN INTEGRATED FAMILY THERAPY AND PLAY THERAPY INTERVENTION TO
STRENGTHEN FAMILY RELATIONSHIPS BY ENGAGING CAREGIVERS AS PARTNERS
IN THEIR CHILD'S THERAPEUTIC PROCESS.**

*Intensive Filial Therapy Training Program developed by Dr. Risë VanFleet that features
the work of Filial Therapy originators, Drs. Bernard and Louise Guerney and
governed by the International Institute of Filial Therapy Professional Education (IIFTPE)*

*View or download the Dr. Risë VanFleet [Intensive Filial Therapy flyer](#) or go to [grovecentre-trainings](#)
for the flyer and detailed information about this international training program*

April 27-30, 2024

Burnaby, British Columbia

6:1 PARTICIPANT-TO-LEADER RATIO

Sponsored by:



GROVE CENTRE
FOR CHILD AND
FAMILY THERAPY

Presented by:

Christopher Conley

MA, RCC, RMFT, CPT-S, RPT-S

Registered Clinical Counsellor

Registered Marriage & Family Therapist

Certified/Registered Play Therapist Supervisor

Certified Filial Therapy Therapist, Supervisor & Instructor

ABOUT THE INSTRUCTOR

Christopher Conley

MA, RCC, RMFT, CPT-S, RPT-S

Christopher is a Certified Play Therapist Supervisor (CPT-S) with the Canadian Association for Play Therapy and a Registered Play Therapist Supervisor (RPT-S) with the (American) Association for Play Therapy. He has over twenty-five years of clinical experience with families and children ages 18 months to 18 years. He is a Registered Clinical Counsellor (RCC) with the BC Association of Clinical Counsellors, Registered Marriage and Family Therapist (RMFT) with the Canadian Association for Marriage and Family Therapy, and Clinical member of the American Association for Marriage and Family Therapy (AAMFT). He holds a Master of Arts degree in Counselling and Psychological Services.

Christopher is a Certified Filial Therapy Instructor who provides intensive Filial Therapy training to mental health professionals. He has completed the advanced and instructor Filial Therapy trainings with Dr. Risë VanFleet and co-instructed with her an intensive Filial Therapy training program in Pennsylvania. He has conducted several intensive Filial Therapy training programs in British Columbia.

Christopher has written articles and has conducted workshops nationally in Canada on topics including play therapy, filial therapy, parent education and classroom management. He is a board member of the International Institute of Filial Therapy Professional Education and is a past board member of BCPTA and CAPT.

ABOUT THE WORKSHOP

Filial Therapy is a highly effective empirically-supported intervention integrating family therapy and play therapy to address child and family problems. Therapists learn how to train and supervise parents as they conduct special child-centered play sessions with their own children (ages 3-12+), an approach designed to resolve presenting problems while strengthening family relationships.

Filial Therapy has been used successfully with many children and family problems. A research history spanning more than 50 years has consistently shown Filial Therapy to be cost-effective in facilitating positive and long-lasting child and family change. The use of this relatively short-term, evidence-based approach has increased dramatically worldwide in recent years due to its effective, empowering approach to strengthening families. Filial therapy has been used in many different settings and has been embraced by many cultural and ethnic groups throughout the world because of its respectful involvement of parents as partners in the process of family change.

LEARNING OBJECTIVES

Participants will be able to: 1) describe at least 3 advantages of filial therapy over individual play therapy; 2) teach the 4 child-centered play skills to parents using mock play sessions; 3) help parents understand the value of play and their involvement in their children's treatment; 4) observe parent-child play sessions and provide constructive feedback to parents to improve their skills; 5) discuss themes of the play sessions with parents to further understanding of the child and the relationship; 6) help parents generalize the use of the play skills to everyday life situations; 7) monitor home-based play sessions between parent and child to ensure maintenance of skills; 8) discuss some of the primary research that has been done on this powerful family play therapy approach; 9) help parents process their own feelings and dynamic issues that are elicited by the parent-child play sessions.

WHO SHOULD ATTEND

Psychologists, social workers, mental health therapists and counsellors, family therapists, play therapists and other experienced professionals working with children and families and who meet the prerequisite.

PREREQUISITE TRAINING/READING

Participants are required to have prior training and supervised experience in Child-Centered Play Therapy, have read the book *Child-Centered Play Therapy*, VanFleet et al (2010) and preferably attended a live introductory workshop or distance-learning course in Filial Therapy and have read the book *Filial Therapy*, VanFleet, Third Edition (2013). Please include a brief description with your registration of your professional background and how you meet the prerequisites.

TRAINING METHODS

Training involves didactic information, case presentations, video and live demonstrations and role-play skills practice. Participants receive direct verbal and written feedback from the instructor.

CONTINUING EDUCATION

CE credits can be provided for both CAPT and BCPTA. Other CE credits available. Christopher Conley is approved by the Canadian Association for Play Therapy to provide continuing education and foundation training specific to play therapy. The BC Play Therapy Association also recognizes Christopher Conley as an approved provider of play therapy training. Christopher Conley maintains responsibility for this program.

CAPT Continuing Education and Foundation Training Approved Provider 09-101, 27 hours

Attendance for all contact training hours is necessary to receive attendance certificate, partial hours cannot be provided. Successful completion of student evaluation is necessary for foundation training credit hours toward certification from CAPT.

FEES & CANCELLATION POLICY

Early registration fee (fully paid by March 31): **\$1,270.00 CAD + GST**

Regular registration fee (paid after March 31): **\$1,485.00 CAD + GST**

Registration fees are set by Dr. Risë VanFleet for all international Intensive Filial Therapy instructors as all use the same original international Intensive Filial Therapy Training Program. Written cancellations received before 30 days prior to training date will receive a full refund. Written cancellations received before 14 days prior to training date are subject to a \$200 cancellation fee, with the remainder being refunded. Unfortunately, no refunds can be given after 14 days prior to training date unless another participant substitutes, subject to \$200 cancellation fee.

Registration fees include training hours, training materials and refreshments. Lunch is not included. Fees in Canadian funds. Registrations are accepted on a first-come-first-served basis. Please review cancellation policy. A Square invoice will be sent to you after your registration has been reviewed and accepted.

REGISTRATION

Please email your registration information to ensure space is available and for review of prerequisites. ***Please note prior training and experience in Child-Centered Play Therapy is required to register.*** Please feel free to email or call with questions about prerequisites. Registration is complete once payment is received. Please do not make payment until you have received confirmation of your registration. Download registration form on trainings page at [grovecentre-trainings](https://grovecentre-trainings.com).

TRAINING LOCATION & SCHEDULE

7382 Winston St, Suite 105, Burnaby, BC V5A 2G9

Saturday April 27 – Tuesday April 30, 2024 • 9:00am – 5:45pm

Parking: on street (limited) and in 2 rows at rear of building. See website for directions and parking information.

Covid vaccinations are strongly encouraged to attend training. Contact us with any special needs as we are committed to making training accessible to all interested participants. Contact Christopher with any questions at train@grovecentre.ca.



GROVE CENTRE FOR CHILD AND FAMILY THERAPY

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